

## Seasonal Flu Vaccination Clinics for Seniors Start October 22 2009

Toronto Public Health will begin its seasonal flu immunization program on October 22 for people aged 65 years and older at the civic centres.

This year it's a different flu season. Two flu vaccines will be available, one against seasonal flu and the other against H1N1 flu. The seasonal flu shot will not protect you against the H1N1 flu virus. The H1N1 vaccine will be available in November.

**Please share the following information with your family, friends and clients who may be 65 years and older.**

### **North York Civic Centre**

#### **Committee Room 2**

October 22 1 p.m. - 4 p.m.

October 31 11 a.m. - 2 p.m.

### **Scarborough Civic Centre**

October 23 11 a.m. - 2 p.m. Committee Room 2

October 29 3 p.m. - 7 p.m. Rotunda

October 31 11 a.m. - 2 p.m. Rotunda

### **East York Civic Centre**

October 23 11 a.m. - 2 p.m. Committee Room 2

October 28 11 a.m. - 2 p.m. Committee Rooms 3 & 4

October 30 3 p.m. - 7 p.m. Room A

### **Etobicoke Civic Centre**

October 23 11 a.m. - 2 p.m. Room 3

October 30 3 p.m. - 7 p.m. Room 1, 2, 3

No appointment is necessary but eligible Ontario residents should bring proof of age.

### **If you are experiencing flu-like symptoms**

Stay home. Try to stay away from other people. If you are sick enough to require medical attention, call your healthcare provider.

### **If you have general questions about H1N1 and its symptoms**

Call TeleHealth Ontario at 1-866-797-0000 or TTY 1-866-797-0007

### **H1N1 Flu Virus Web Resources**

Toronto Public Health H1N1 Flu Virus pages

<http://www.toronto.ca/health/cdc/h1n1/index.htm>

H1N1 FAQs

[http://www.toronto.ca/health/cdc/h1n1/pdf/h1n1\\_faq.pdf](http://www.toronto.ca/health/cdc/h1n1/pdf/h1n1_faq.pdf)

Pandemic planning and preparedness (City intranet access required)

[http://insideto.toronto.ca/tps\\_pandemicflu/index.htm](http://insideto.toronto.ca/tps_pandemicflu/index.htm)

(Note: Our websites continue to be updated as new information becomes available and all members of the Toronto Public Service will continue to be kept informed as information changes.)

This week, the Public Health Agency of Canada released **Your H1N1 Preparedness Guide** -- see [http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guide/pdf/h1n1\\_guide-eng.pdf](http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guide/pdf/h1n1_guide-eng.pdf)